



Depression and Bipolar Support Alliance

Phone: (650) 503-4636 | Email: info@dbsapaloalto.org

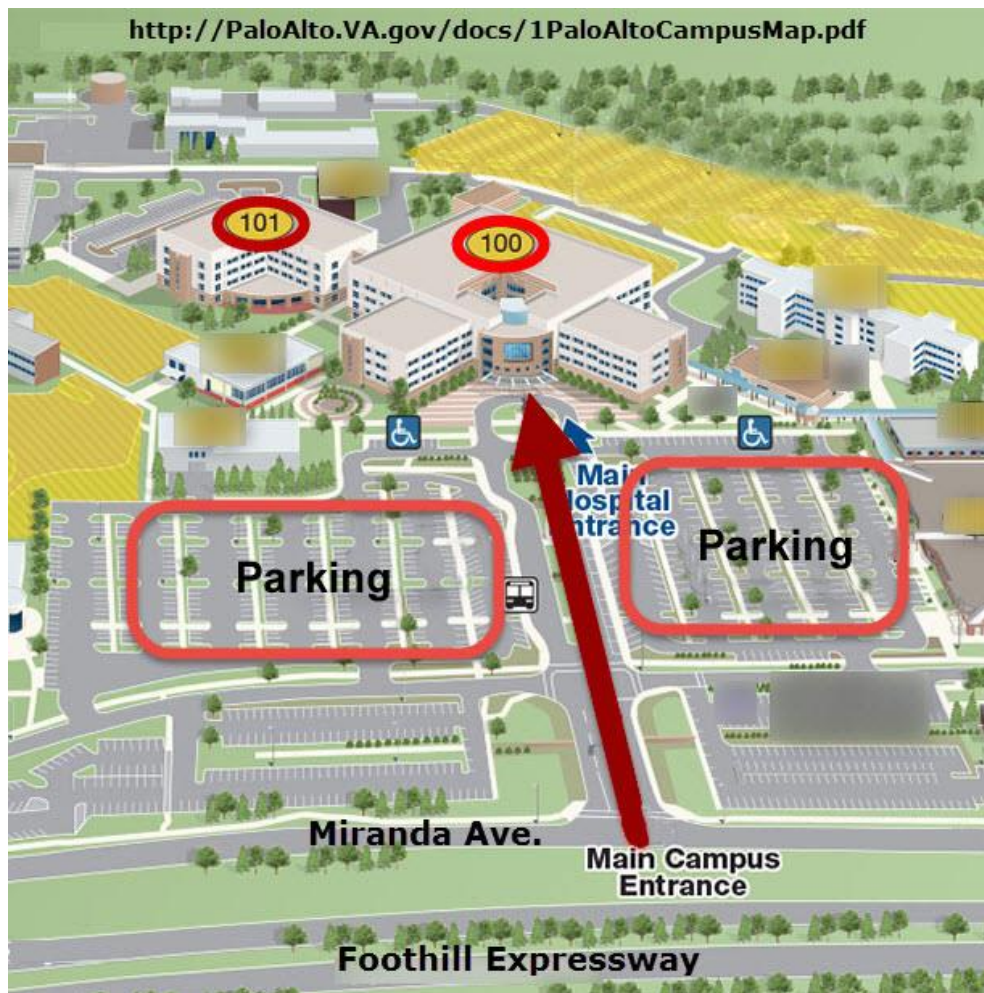
DEPRESSION AND BIPOLAR DROP-IN PEER SUPPORT GROUP

DBSA PALO ALTO

LOCATION: Palo Alto VA Hospital
3801 Miranda Avenue
Bldg. 101, 1st Floor Main Auditorium
(Enter through Main Hospital Bldg. 100)

MEETINGS: Every Wednesday of Each Month
Promptly at 6:30 - 8:30 P.M.
(Potluck Every 4th Wednesday)

PARKING: Visitors can park in Lots 100 North and 100 South
(See Directions on the Next Page)



www.DBSPaloAlto.org
DBSPaloAlto@gmail.com

DIRECTIONS TO VA PALO ALTO MEDICAL CENTER

From 280 N (South Bay, San Jose)

- Exit Page Mill Rd.
- Curve to the right
- Right on Foothill Expressway
- Left on Hillview Ave.
- IMMEDIATE right onto Miranda Ave.
- Left into first driveway Department of Veterans Affairs Hospital
- Parking is available in Lots 100 North and 100 South (refer to attached map)

From 101 N (South Bay, San Jose)

- Exit 399B Old Middlefield Way
- Keep left at the fork, follow signs for Old Middlefield Way and merge onto Old Middlefield Way
- Continue onto W. Middlefield Rd.
- Left at E. Charleston Rd.
- Continue on Arastradero Rd.
- Right turn at Miranda Ave.
- Right into entrance Department of Veterans Affairs
- Parking is available in Lots 100 North and 100 South (refer to attached map)

From 280 S (San Francisco/Peninsula)

- Exit Page Mill Rd.
- Left onto Page Mill Rd.
- Right on Foothill Expressway
- Left on Hillview Ave.
- IMMEDIATE right onto Miranda Ave.
- Left into first driveway – Department of Veterans Affairs Hospital
- Parking is available in Lots 100 North and 100 South (refer to attached map)

From 101 S (San Francisco/Peninsula)

- Exit onto Oregon Expressway
- Exit should curve to the right
- Oregon Expressway turns into Page Mill Rd.
- Left onto Foothill Expressway
- Left onto Hillview Ave.
- IMMEDIATE right onto Miranda Ave.
- Left into first driveway Department of Veterans Affairs Hospital
- Parking is available in Lots 100 North and 100 South (refer to attached map)

DIRECTIONS TO MEETING ROOM

Upon entering through the main doors of Bldg. 100 (see map), take the first long hallway to the **LEFT** and walk about 900 feet down that long hallway. That long hallway connects to Bldg. 101 so you won't notice any transition; just keep walking. At the very end you will see the auditorium on the right.

Location of Bathrooms

When you see the auditorium on the right, if you look to the left, you will cross through the large circular area. There is a smaller hallway on the other side that has restrooms.